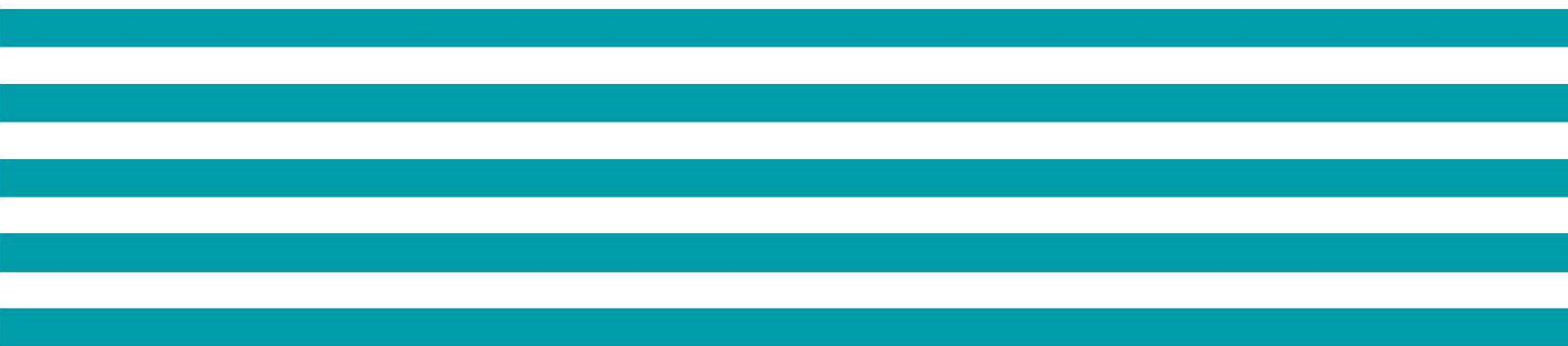




FISH ON THE BEACH | **LE RAYOL CANADEL**



TO START WITH...

Tuna rillettes with cream cheese, orange, ginger and chives	10€
Fried fish*	10€
Toast with tomato, garlic, basil, mozzarella <i>Extra organic egg : + 3€</i>	12€
Antipasti : Parma ham, mozzarella, pesto, marinated artichokes	17€

100% VEGGIE

Tomato salad with burrata and homemade pesto	20€
Summer salad: watermelon, avocado, marinated artichoke and feta	20€
Vegetable curry wok : rice, sweet potato, zucchini, carrot, pepper, pak choi, pineapple	22€
Steamed vegetables with garlic sauce	22€

100% RAW

Sea bream tartare, radish, spring onion, balsamic vinegar, basil	20€
Sea bass ceviche, lime, coconut milk, red onion, granny smith, fresh coriander	20€
Raw raw raw : tartare, ceviche and tuna marinated in soy sauce	24€



BOWLS

Super bowl : edamame, avocado, red cabbage, ginger, soya bean, sunflower seeds	21€
Poke bowl : marinated tuna with soy sauce, jasmine rice, wakamé, grapefruit, pomegranate	24€
Beach bowl : grilled shrimps*, ponzu sauce, jasmine rice, mango, carrot, chia seeds	24€

MUST-EAT

Grilled calamari	24€
Chicken breast , chickpea purée, yoghurt sauce	24€
Traditional aioli with cod, steamed vegetables and seafood	24€
Grilled local Mediterranean fish	40€

AROUND THE WORLD

Pad thai with shrimps* and chicken as in Bangkok	24€
Linguine thalassa , seafood and sellfish bisque	24€
Grilled beef with chimichurri sauce	25€

FROM OUR FISH TANK

Grilled lobster	According to the market price
Grilled spiny lobster upon reservation, 24h in advance	According to the market price



SWEET CORNER

Local goat cheese	9€
Pineapple tart, basil and sorbet	10€
All chocolate : chocolate ice cream, cookie chips, chocolate sauce, Piémont nuts	10€
Sundae : vanilla ice cream, salted butter caramel, caramelized peanuts, chantilly	10€
Selection of ice-cream and sorbet (3 scoops)	10€
Seasonal fresh fruits salad	12€
Gourmet coffee or tea	12€
Gourmet Champagne	22€

FOR LITTLE SAILORS 15€

Main course + 1 ice cream scoop + syrup

Hamburger meat, chicken nuggets, fish fingers or Bolognese pasta

Rates are net and include the service. The list of allergens is at your disposal at the bar.
Our meat comes from the European Union
* Unfrozen

CHAMPAGNES

• Philipponnat Coupe brut 14cl		15€
• Moët & Chandon Brut impérial NM 75cl		85€
• Ruinart Rosé NM 75cl		99€
Blanc de Blanc NM 75cl		140€

ROSE WINES

Côtes de Provence	50cl	75cl
• Château Les Valentines Le Caprice de Clémentine 2020	25€	32€
• Château Sainte Marguerite Cuvée symphonie 2020		44€
• Château Barbeyrolles Cuvée Pétale de Rose 2020		44€
• Minuty M 2020	24€	35€
Rosé et Or 2020		56€
• Château des Sarrins Cuvée Sarrins 2020		39€
• Domaine de la Courtade Cuvée Les Terrasses 2020		39€

WHITE WINES

Côtes de Provence	50cl	75cl
• Château Les Valentines Le Caprice de Clémentine 2020	25€	32€
• Minuty M 2020	24€	35€
• Siouvette Confidence 2019		44€

RED WINES

Côtes de Provence	50cl	75cl
• Minuty M 2019	25€	35€
• Château des Sarrins Grande cuvée 2015		44€
Wine by the glass 12cl		6€

COCKTAILS

Long drinks 14cl	14€
Mojito	
Aperol Spritz	
Elderberry Spritz	
Mango Caïpiroska	
Sangria de saison	
Alcohol free 14cl	9€
Fruit punch	
L'Escale	
Cocktail of the day 14cl	12€

APERITIFS

Ricard, Pastis 51 4cl	6€
Martini, Campari, Porto 6cl	6€
Kir cassis, mûre, pêche 12cl	8€

AFTER DINNER

Get 27, Get 31, Limoncello, Manzana, Cointreau 4cl	7€
Cognac Hennessy VSOP, Calvados, Armagnac, Poire Williams, Mirabelle, Marc de Provence 4cl	10€

BEERS

Heineken (draught)	25cl	4,5€	50cl	7,5€
Hoegaarden blanche			33cl	5€
Lefte blonde			33cl	5€
Corona			33cl	5€

SOFT DRINKS

Syrup lemon, strawberry, grenadine, mint, peach	3€
Diabolo 25cl	5,5€
Coca, Coca zéro, Perrier 33cl	5,5€
Limonade, Orangina, Schweppes agrumes, Ice tea 25cl	5,5€
Juices 25cl	5,5€
orange, grapefruit, apple, pineapple, cranberry, strawberry, peach, tomato, mango	
Evian, Badoit, San Pellegrino 50cl	5€
100cl	7€
Fresh squeezed juice orange, lemon, grapefruit	8€

HOT DRINKS

Expresso, décaféiné, noisette	4€
Café crème	5,5€
Double expresso	6,5€
Cappuccino	6,5€
Tea, herbal tea	5,5€